

• •

( 29= )

.

( 8= )

.(1909= )

:

( 29= )

.0.30

( )

( - )

.

( 8 = )

---

.

.

.

:

:

.

.

.

.

-

" "

" "

.

.

.

-

.

---

the oxford happiness questionnaire

.(Hills & Argyle, 2002)2002

OHQ

the oxford happiness inventory OHI"

.(Argyle, Martin, Crossland, 1989)

:  
( ) ( )  
.(Argyle, Crossland,1987)

" :

.stable extraversion

- -

.(Eysenck,1983)"

( )

"

"

.(Mattei&Shafer,2004)

OHI

(Argyle, Martin & Lu, 1995)

.(Francis, Brown, Lester& Philip chalk, 1998)

Francis )

.( & Katz, 2000

(Lu & Shih,1997) CHI

.(Lewis et.al,2002)

---

OHI  
BDI

" . "

11

+ 20) 29

.( 9

.4 1

( )

( )

( )

.( )

" "

.(Hills& Argyle,2002)

(2002) OHI

.The Oxford Happiness Questionnaire OHQ ( )

(4 compliant answering " " " " 6)

respondent bias "

OHQ

. 68 13

" : OHI

:

(P N E : ) EPQR-S ( )

The life Rosenberg self-esteem scale

The life regard ( ) orientation test

( ) Index

.The Depression-Happiness Scale

0,91 0,92 ) OHI OHQ

inter-item correlations (

. 0,28

OHI

OHI

OHQ





.(Hills & Argyle, 2002) (0,73= )

OHI

.Psychological well-being

(Furnham &

.(Argyle &Lu,1990) E

.N

Brewin,1990)

OHI

Life orientation

The Life regard Index

The Test

.(Hills &Argyle,2001)

OHQ

OHI

2002

.OHI

.( )

0,61

OHQ

OHI

( 0,59 - 0,56- = )

OHQ

: )

(

) OHI

.(

---

OHI

OHQ

OHQ

" "

.(Hills &Argyle,2002)

2004

-

.(Kashdan,2004)

)

(0,81= )

:

(0,77 = )

" "

subjective well-being

" "

:

" "

-

" "

" "

OHQ OHI  
%64,3 % 60,9

( )

Oblique rotation

one

OHQ  
second-order component

uni-dimensional

.(Hills & Argyle,2002)

.(Hardinezhad, 2003)

OHQ

---

:

stepwise discriminant analysis

one discriminant function

( )

%90

( 29 )

( 8)

(0,93= ) ( 29)

)

(

(Hills & Argyle, 2002)

OHQ short form

.0.69 ( )

.0.62

(Cruise,

( 8 = )

.Lewis, Alan, Conor, 2006)

1989

OHI

OHQ

2001

2002 " " OHI  
.(Lewis,francis&zeibertz,2002)  
.0.86 0.53 0.29

EPQR-S

OHI

.(Liaghatdar,2008)

( )

.(khodarahimi, 2011)

OHQ

2002



:

2002

:

( ) -1

-2

- -3

-4

( ) -5

) ( ) ( -6

( ) -7

) ( ) (

- 8

:

:

-1

-2

" "

" "

-3

:

( )

:

---

( )

.2013-2012

:

" "

:

(1) 1909

:

:(1)

	( )			( )	
73	26 47				
71	71				
38	38				
168		68 51	27 22		
126		58	68		
608	115	112	25		



	104 24 118	79	31		
68	31 37				
64	64				
137	62 39 36				
284	21 62 39 72 28 33	29			
272	58	111 42	33 28		
1909	1125	550	234		

:( )

:

:( )

**-1**

.1990

JEPQR-S

1965

:

**-2**

global self-esteem

" "

---

	(		)	
		.(40= )	0.77	
	:			<b>-3</b>
		(1996	)	
	.(37= )	0.66	0.70	
A.T.Beck	:			<b>-4</b>
		.1993	R. A.Steer	
	)			
0.83		(1996		
			.(37= )	
	:			<b>-5</b>
			Speilberger	
		(1984	)	
			.0.89	
	:			<b>-6</b>
		.1983	Kamman. R & Flett.R	
:Satisfaction With Life Scale <b>SWLS</b>				<b>-7</b>
		(Diener et.al.,1985)		

.  
:  
-8

.(2002 )

**OHQ**

: \*OHQ-S

:  
-1

" "

( )

25)

---

( 4)

.( 29

-2

(25 )

-3

37

.Bilingual

.0,91

36

-4

.( 29 39) 68

" "

" "

(1 )

(2 )

---

.( 27 )

OHQ

:( ) OHQ-S

OHQ

( )

."

(26= )

(47= )

(38= )

11 (71= ) ( )

0,73

( ) 0,77

0,69

) 0,59

.( 11

0,71

.(Francis & Katz ,2000) 0,78

11

= )

.( 0,59 0,69

item remainder correlation ( )

68 27= )

( 51 22= )

(38= )

2

: (2)

(38= )	(51= )	(22= )	(68= )	(27= )	
**0.44	**0.45	**0.34	**0.41	*0.33	1
*0.31	**0.46	**0.41	**0.38	**0.39	2
**0.39	**0.54	**0.45	**0.37	**0.40	3
**0.37	**0.38	*0.31	**0.42	0.11	4
**0.36	**0.40	**0.34	**0.33	*0.33	5
**0.39	**0.36	**0.35	**0.41	**0.46	6
**0.43	**0.41	**0.39	**0.52	**0.56	7
**0.38	*0.32	**0.47	**0.39	*0.31	8
**0.39	**0.40	**0.38	**0.48	**0.49	9
**0.37	**0.40	**0.44	**0.42	**0.51	10
**0.41	**0.51	**0.34	**0.49	**0.39	11
**0.39	**0.36	**0.48	**0.59	**0.49	12
**0.52	**0.53	**0.49	**0.34	**0.35	13
**0.39	**0.39	**0.61	**0.39	**0.48	14
*0.29	*0.28	*0.31	**0.37	**0.47	15
**0.48	**0.47	**0.41	**0.62	**0.39	16
**0.53	**0.37	**0.47	**0.51	**0.52	17
**0.44	**0.40	*0.28	**0.56	**0.50	18
**0.42	**0.39	*0.30	**0.39	**0.38	19
**0.53	**0.41	**0.35	**0.36	**0.45	20
**0.37	**0.49	*0.39	**0.31	*0.31	21
**0.52	*0.34	*0.34	**0.35	**0.46	22
**0.33	*0.33	*0.30	**0.46	**0.42	23
*0.30	*0.31	**0.36	**0.47	**0.35	24
**0.33	**0.41	*0.43	**0.35	**0.38	25
*0.31	**0.39	*0.42	**0.39	**0.56	26
**0.51	**0.43	0.14	**0.44	**0.41	27
**0.41	**0.38	*0.57	**0.47	**0.39	28
**0.34	*0.32	*0.47	**0.40	**0.45	29

2



$0,14 \quad 0,11 = )$   
 $27 \quad 4 \quad )$   
 $0,39 \quad 0,62 \quad 0,28$   
 $27 \quad 4 \quad ) \quad 0,30$   
 $18$   
 $.(0,28 = )$   
 $.(($

$($   
 $0,79 \quad 0,87 \quad 0,89 \quad 0,88$   
 $.(0,87 = )$   
 $0,83 \quad (68 = )$   
 $0,84 \quad (58 = )$   
 $)$

0,91

( ) E&N

BDI

affectometer 2

3

: 3

0,51		25	
0,41-			-
0,56-			
0,55		112	
0,51-			-
0,69-			
0,63			
0,01-			
0,56		115	
0,39-			-
0,70-			
0,43			
0,01-			
0,77			
0,39		104	-
0,11-			
0,71			
0,38		37	
0,07-			
0,76			

3

(0,76 0,71 0,77 = )

.(0,38 0,43 0,63 = )

(0,56 0,55 0,51 = )

5

- 0,41- = )

(0,70- 0,69- 0,56- = )

.(0,07- 0,11- 0,01-) =

(0,39- 0,51

" "

4

:4

0,58		24	
0,51			-
0,75		118	
0,53			-
0,09			
0,28-			
0,76		31	
0,69			-
0,02-			
0,08-			
0,73		79	
0,27			-
0,19-			
0,57		31	
0,29-			
0,41-			

4

)

.(

)

0,87 0,76

0,61 0,55

44

0,58- 0,41- 0,72 0,73 0,73 0,53  
.(

.OHQ-S

:

.. 29

%90

29

(0,93 = )

64= )

(

" "

0.63

45

---

0.69

( 62 = )  
- ( 39 = ) -  
.( 36= )  
. 0,58 0,61 0,53

.0,62

" "

( ) E&N :

affectometer2

BDI

5

: (5)

0,24		21	
0,43-			
0,41-			
0,37		62	
0,24-			
0,22-			
0,36			
0,05			
0,63		39	
0,34			
0,29-			
0,27-			
0,17			
0,09			
0,54			

- )  
 (0,31- = ) 0,27

6 .( )

:6

0,28		72	-
0,33			
0,12			
0,43		28	-
0,16			
0,26		29	-
0,41			
0,22			
0,39		33	-
0,22			

6

:



0,33 0,33

)

0,69 0,75

.(

)

(

0,23-

0,16

7

---

:7

0,74	58		
0,79	33		( )
0,73	111		( )
0,82	28		
0,71	42		

0,82    0,71

7

.(0,74 = )

:

:  
( 29= )

" "

.( 8 = )

- 
- ( ) (1982) •
  - ) (2002) •
  - " " (1996) •
  - ( ) •
  - ( ) (1996) •
  - Argyle, M., & Crossland, J. (1987). Dimensions of positive emotions. *British Journal of Social Psychology*, 26, 127-137.
  - Argyle, M., & Lu, L. (1990). The happiness of extraverts. *Personality and Individual Differences*, 11, 1011-1017.
  - Argyle, M., Martin, M., & Crossland, J. (1989). Happiness as a function of personality and social encounters. In J.P. Forgas & J.M. Innes (Eds.), *Recent advances in social psychology: An international perspective*. (189 -203) North-Holland: Elsevier.
  - Argyle, M., Martin, M., & Lu, L. (1995). Testing for stress and happiness: The role of social and cognitive factors. In C.D., Spielberger and I. G. Sarason (Eds.), *Stress and emotion* (173-187), Washington, DC: Taylor & Francis.
  - Beck, T., Ward, C. H., Mendelson, M & Erbaugh, J. (1961). An inventory for measuring depression. *Archives of General Psychiatry*, 7, 158-216.
  - Cruise, S., M., Lewis, C., A. & Guckin (2006). Internal consistency Reliability, And Temporal Stability of The Oxford Happiness Questionnaire Short-Form. *Social Behavior and Personality; an international journal*, 34 (2), 123-126.
  - Diener, E. (1984). Subjective well-being. *Psychological Bulletin*, 95, 542-575
  - Diener, E., Emmons, R. A., Larsen, R. J. & Griffin, S. (1985). The Satisfaction With Life Scale. *Journal of Personality Assessment*, 49(1), 71-75.

- Eysenck, S. B. G, Eysenck, H. G.& Barrett, P .(1985). A Revised version of the psychoticism Scale. *Personality and Individual Differences* ,6,21-29.
- Francis,L.J.,Brown,L.B.,Lester,D.,& Philipchalk,R. (1998). Happiest as stable extraversion: A cross-cultural examination of the reliability and validity of the Oxford happiness inventory among students in the U.K, USA, Australia, and Canada. *Personality and Individual Differences* ,24,167-171.
- Francis ,L.J.,& Katz ,Y.G (2000). Internal consistency reliability and validity of the Hebrew translation of the Oxford Happiness Inventory. *Psychological Reports*, 87,193-196.
- Furnham,A., and Brewin, C.R.(1990). Personality and happiness. *Personality and Individual Differences* ,11,1093-1096.
- Hills, P& Argyle ,M.(2002).The Oxford Happiness Questionnaire: a compact scale for the measurement of psychological well –being . *Personality and Individual Differences*,33,1073-1082.
- Hills, P & Argyle , M.(1998). Positive moods derived from leisure and their relationship to happiness and personality. *Personality and Individual Differences* , 25, 523-535.
- Hills, P. & Argyle ,M.(2001). Emotional stability as a major dimension of happiness. *Personality and Individual Differences* ,31,1357-1364.
- Kamman, R.,&Flett,R.(1988).Affectometer2:A scale to measure current level of general happiness. *Australian Journal of Psychology*. 35 (2), 259-265.
- Kashdan ,T.B.(2004).The assessment of subjective well-being (issues raised by The Oxford Happiness Questionnaire). *Personality and Individual Differences*,36,1225-1232.
- Khodarahimi,s.(2011). Happiness and Worry in an Iranian Adolescents and young adults sample. *International Journal of Psychology and Counselling* , 3 (4), 71-78.
- Lewis,C,A.(2002).The Internal consistency Reliability And Construct Validity of the German Translation of The Oxford Happiness Inventory. *North American Journal of Psychology*,4 (2), 211-220.
- Seligan,M.E.P.(2002). *Authentic happiness* .New York: The Free Press.
- Yardley, J. K., & Rice, R. W.(1991). The relationship between mood and subjective well-being . *Social Indicators Research*, 24,101-111.