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(Ellis,1999,p 235)
- ) .(125:1994
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.(285:2004 ) .(83:2005 )
Giesme, ) ..(Torgrim, 1982, p 170
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(2005 - ) (2006 )
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2009 )
.(98: 2006 )
.(Zaleski, 2002, p166)
.(1999 Rakowsk,i

.(Salamon, p, 2000: p p1-5).

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				/1/		
20		35		80		
28		42	+	75		
25		30		80		
23	17	47	16-11	65	10-5	
	•			•	•	10

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0.83	**0.77	*0.81	**0.66	**0.55	1	
**0.89	**0.72	**0.75	**0.59	1		
**0.76	**0.70	**0.76	1			
**0.90	**0.82	1				
**0.86	1					

(0.01)

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(MOULY,973.P85)
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(9:1999 ) "

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.(78-77 :1994 )

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/ / .(376-375:1993 )

.(183-182:1988

(Svenson,1982,p150 ).
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(Fatchen, 2004.pp 200-201)

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(2006) /30/ /15/ /15/ (2009) /250/ (Koubekova,2000) /115/ ./ 15-12/

(Breakey,2003) 
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:(Hawamdeh & et al,2008) 
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(T.test)

(7) (7)

		(T)				
			4.528	35.63	80	
0.000	195	12.55				
			5.625	25.66	35	
			6.253	22.23	20	
			4.326	33.25	80	
0.000	195	10.25				
			5.251	27.33	35	
			6.235	25.21	20	
			3.575	38.36	80	
0.000	195	5.56				
			5.245	29.53	35	

			4.251	25.33	20	
			6.251	35.33	80	
0.000	195	6.54				
			4.256	25.33	35	
			3.255	32.25	20	
			4.331	36.22	80	
0.000	195	7.85				
			5.215	28.88	35	
			5.265	25.21	20	
			3.521	35.62	80	
0.000	195	12.23				
			4.552	28.25	35	
			4.265	22.36	20	
			(T)		(7)	

(T) (7) (0.000) (12.23) (0.05)

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(Polat.2003)

. (Polat.2003,p330)

(Pierre,999)

. (Pierre, 999, p119)

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(T.test)

(9) **(9)** 

(T) 6.032 23.55 75 0.14 195 2.325 6.854 30.01 42 33.35 5.325 28 28.54 5.002 75 0.000 195 9.328 4.325 30.52 42 2.861 36.88 28 7.385 29.84 75 0.000 195 0.548 7.201 32.56 42 + 6.250 35.66 28

			6.214	31.88	75		
0.000	195	0.566	5.251	32.31	42	+	
			4.801	36.65	28		
			5.314	28.85	75		
0.000	195	0.682	4.012	29.41	42	+	
			3.178	36.25	28		
			14.165	90.57	75		
0.000	195	4.845	13.658	92.36	42	+	
			11.814	99.66	28		
•	•			(T)	(9	)	

(T) (9) (0.000) (4.845) (0.05)

.(Ellis, N, 1999, p236)

(Zaleski,2003)

( )

(Zaleski,2003.p150).

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(T.test)

.(11)

		(T)				
			4.33	25.22	80	
0.000	195	6.251	3.54	36.25	30	
			5.12	30.15	25	
			4.25	25.24	80	
0.000	195	6.815	3.15	33.15	30	
			5.841	24.12	25	
			6.51	30.01	80	
0.000	195	4.384	4.33	35.21	30	
			5.10	26.32	25	
			4.32	30.54	80	
0.000	195	0.666	3.55	35.62	30	
			4.10	33.25	25	

			6.54	29.88	80	
0.000	195	0.628	4.25	36.23	30	
			5.14	30.21	25	
			5.01	90.25	80	
0.000	195	3.445	4.18	98.66	30	
			6.54	88.25	25	

(T) (11)

(0.000)

(3.445)

(0.05)

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(1994

(78- 77:1994 ).

(Susan,2004,p259)

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(T.test)

(13) **(13)** 

3.65 6.487 65 10-5	
0.586 195 0.668 4.55 5.514 47 16-11	
4.01 5.421 23 17	
4.58 7.885 65 10-5	
0.586 195 0.646 6.05 6.254 47 16-11	
5.00 6.214 23 17	
5.21 6.521 65 10-5	
0.586 195 0.652 6.21 6.253 47 16-11	1
6.02 5.214 23 17	
3.66 7.846 65 10-5	
0.586 195 6.88 4.21 6.542 47 16-11	1
4.33 6.015 23 17	
5.00 6.214 65 10-5	
0.586 195 0.533 5.21 6.521 47 16-11	
6.25 5.325 23 17	
5.61 99.45 65 10-5	
0.586 195 0.678 5.02 96.45 47 16-11	1
4.99 97.15 23 17	

(T) (13) (0.586) (0.678) (0.05)
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( 17) (5)
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(Mark Leary,1995 )

(http://mental help.net psyhelp/chap14/chap14.htm.999,pp5-6)

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