

The Relationship between Irrational Beliefs and Loneliness

**(An Empirical Study on a Sample of Second
Education College Students)**

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Abstract

This study aims at recognizing the relationship between irrational beliefs and loneliness, and the effect of gender and residence on them. The sample consists of (196) male and female students in second year at the faculty of education in Hama. The study uses the scales of irrational beliefs and Russell's scale of loneliness. The results show a positive relationship between irrational beliefs and loneliness. They also show that there is no difference in irrational beliefs according to gender except the beliefs (1- 8 – 10) for males. There is no difference in irrational beliefs according to residence except the beliefs (1- 4 - 7 – 8) for countryside; whereas there is a difference in the sixth belief for city. Regarding the loneliness there are no differences according to gender and residence.

For the paper in Arabic see pages (515)