

**Stressful Life Events and its Relationship to the Level  
of Psychosomatic Disorder  
Field Study on a Sample of patients in Damascus  
University Hospital for skin and Venereal Diseases\***

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**Abstract**

This study aims to reveal the relationship between the level of psychological stress resulting from stressful life events and the level of psychosomatic disorder and emotional and physical aspects in Cornell scale. The study also aims to determine the differences in the level of psychological stress among a sample of patients with certain skin diseases according to gender and age variables. The sample consisted of (120) patients suffering from different skin diseases who were selected deliberately from Damascus University Hospital for skin and Venereal Diseases. The study applied the stressful life events scale developed by Holmes and Rahe (1976) and Cornell Inventory for Neurotic and Psychosomatic aspects developed by Keev Brodman et al. and translated by Mahmoud Al-sayed Abo Al-Nil (1995). The study reached the following results:

- There is a statistically significant relationship between the level of psychological stress resulting from stressful life events and the level of psychosomatic disorder.

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\* For the paper in Arabic see pages (237-270)

- There is a statistically significant relationship between the level of psychological stress resulting from stressful life events and emotional aspects in Cornell Inventory.
- There is a statistically significant relationship between the level of psychological stress resulting from stressful life events and the physical aspects in Cornell Inventory.
- There is a statistically significant relationship between the level of psychological stress resulting from stressful life events and occurrence of skin diseases.
- There are no statistically significant differences in the level of psychological stress according to sex and age variables.